

Infection Control Instructions

To prevent exposures from bloodborne pathogens while assisting an injured individual, the following precautions should be taken:

- 1) Before coming into contact with blood or body fluids, put on disposable gloves. If large amounts of blood are present, additional personal protective equipment may be necessary, such as protective clothing and eye / face protection.
- 2) If broken glass or other sharp objects are present, remove these using mechanical methods, such as tongs or scoops.
- 3) During and after administration of first aid, all blood – soaked clothing, towels or bandages should be bagged for disposal. Wear gloves while handling these items.
- 4) After all contaminated items have been contained in bags, remove gloves inside out without touching the outer surfaces of the used gloves. To do this, gently pinch the palm of one glove with the other gloved hand and pull it off slowly. Hold the first glove in the palm of the second gloved hand, then insert 2 fingers under the inside edge of the glove at the wrist and slowly remove that glove.
- 5) Wash hands thoroughly with soap and water. If soap and water is not available, use hand sanitizer or antiseptic wipes as a temporary measure and wash with soap and water when it is available.